

Primary Care Symposium

Friday May 31, 2013

Naval Medical Center San Diego

“Building the Foundation of Medical Care for the Fleet and Families”

Welcome from the director:

On behalf of the Department of Medicine, I would like to welcome you to the Fourth Annual “Mark P. Tschanz” Primary Care Symposium at the Naval Medical Center San Diego! We hope to have a pertinent series of lectures for the busy primary care provider, which will help answer difficult clinical questions and assist in daily care of your patients.

LCDR James C. Clifford, MC, USN
Course Director

Program Learning Objective:

Provide current evidence based review on fundamental primary care topics to aide in providing outstanding care to our fleet and families.

Registration: Limited; Register online now:

<http://www.med.navy.mil/sites/nmcscd/Staff/Pages/PrimaryCareSymposium.aspx>

Schedule of Events

0700 - 0730: **Registration and Welcome**

0730 - 0830: **Common Treatment Strategies for Dementia Related Mood Changes**
Steve Koh, MD, MPH, MBA

0830 - 0915: **Latest Guidelines for the Management of Gout**
CDR Joseph Martin

0915 - 0945: **Break**

0945 - 1045: **Sleep Disorders in Primary Care**
CAPT T. S. Han

1045 - 1130: **Update in Adult Vaccinations: At Home and Abroad**
CDR Ryan Maves

1130 - 1230: **Lunch**

1230 - 1315: **Review in Nephrology: Microscopic Hematuria, CKD, and HTN**
LCDR Jessica Lee

1315 - 1330: **Break**

1330 - 1415: **Hypogonadism: Evaluation and Treatment in the Adult Male Patient - (The 2012 Endocrine Society Guidelines)**
CAPT A. F. Shwayhat

1415 - 1500: **The Stepped Pain Care Model: Effectiveness & Efficiencies**
CAPT I. K. Lesnik

1500 - 1530: **Appropriate Criteria & Imaging Practice Guidelines for Ordering Radiology Studies**
LCDR Ty Vachon & LT Amber DeChambeau

Target Audience: All Primary Care Providers - to include physicians, physician assistants (PA), nurse practitioners (NP), independent duty corpsmen (IDC)

Program Sponsor: Department of Medicine

Location: Naval Medical Center San Diego Auditorium; Bldg 5, 1st deck.

Date: Friday May 31st; 0700-1530

Fees: None

Required: Government ID Badge for access to base

Attire: Military - Uniform of the day; Civilian - Business attire.

Parking at NMCS D Hospital Facility: Participants are encouraged to **Arrive Early** for parking.

CME: The Naval Medical Center San Diego designates this live activity for a maximum of 7 *AMA PRA* Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

